

COLLEGE DAZE

Making the Transition from High School to College:

Top 5 Most Difficult Tasks at College:

- 1. Managing time**
- 2. Dealing with stress**
- 3. Making new friends**
- 4. Resolving conflicts**
- 5. Getting good grades**



How to get along with your professors:

- 1. Be on time for class**
- 2. Be alert during class**
(no sleeping, doodling, or daydreaming)
- 3. Don't quibble over minor points**
- 4. Be neat with your assignments**
- 5. Turn work in on time**
- 6. Don't take their critiques personally**



SIX Study Tips for College:

- 1. Don't cram; plan ahead.**
- 2. Pay attention to graphs, figures, and tables as you read.**
- 3. Check work for careless errors before turning it in.**
- 4. When taking notes, focus on key points and write the notes in your own words.**
- 5. For seminars, review notes just before class so you are ready to participate.**
- 6. For lecture classes, review notes after class to help you remember everything.**



Source: Gibbs, G. (2000). Campus daze: Easing the transition from high school to college. (7th Ed.). Octameron Associates: Alexandria, VA.